



### 3. Hamburger Wintertriathlon

3. Hamburger Wintertriathlon am 05.12.2015  
Ergebnisliste

| Rng | Snr | Name, Vorname         | Verein/Ort          | Land | Jg   | Ak  | AkRng | M/W | GesRng | Run 1 | Rang | Wechsel1 | Rang | Run2  | Rang | Wechsel2 | Rang | Run3  | Rang | Wechsel3 | Rang | Run4  | Rang | Wechsel4 | Rang | Run5  | Rang | Endzeit  |
|-----|-----|-----------------------|---------------------|------|------|-----|-------|-----|--------|-------|------|----------|------|-------|------|----------|------|-------|------|----------|------|-------|------|----------|------|-------|------|----------|
| 1   | 72  | Steenhof, Tobias      | Single Malt Runners | HH   | 1986 | M25 | 1     | M   | 1      | 04:16 | 3    | 02:17    | 2    | 04:12 | 5    | 01:51    | 1    | 03:57 | 3    | 02:40    | 1    | 04:20 | 4    | 02:59    | 2    | 04:43 | 8    | 00:31:15 |
| 2   | 74  | Kienzler, Benedikt    | Run Fleet Hamburg   | HH   | 1985 | M30 | 1     | M   | 2      | 04:36 | 8    | 01:56    | 1    | 04:16 | 6    | 01:57    | 2    | 03:59 | 4    | 03:01    | 2    | 04:59 | 9    | 05:22    | 4    | 04:18 | 3    | 00:34:24 |
| 3   | 70  | Exner, Christian      | Single Malt Runner  | HH   | 1985 | M30 | 2     | M   | 3      | 04:21 | 4    | 03:25    | 10   | 04:04 | 3    | 03:45    | 5    | 03:55 | 2    | 04:15    | 5    | 03:56 | 1    | 03:21    | 3    | 03:23 | 1    | 00:34:25 |
| 4   | 79  | Prescher, Georg       | HüBi                | NI   | 1987 | M25 | 2     | M   | 4      | 4:01  | 2    | 03:10    | 6    | 03:54 | 1    | 02:58    | 3    | 03:53 | 1    | 03:43    | 4    | 03:58 | 2    | 05:31    | 5    | 04:05 | 2    | 00:35:13 |
| 5   | 78  | Raum, Christopher     | Blauerstein         | HH   | 1983 | M30 | 3     | M   | 5      | 05:36 | 22   | 02:58    | 4    | 05:41 | 23   | 03:01    | 4    | 06:02 | 22   | 03:02    | 3    | 06:07 | 19   | 02:42    | 1    | 06:12 | 18   | 00:41:21 |
| 6   | 66  | Spill, Marko          | Hamburg             | HH   | 1980 | M35 | 1     | M   | 6      | 03:59 | 1    | 02:58    | 4    | 04:07 | 4    | 04:24    | 7    | 04:11 | 5    | 06:09    | 8    | 04:18 | 3    | 08:37    | 9    | 04:19 | 4    | 00:43:02 |
| 7   | 56  | Schulz, Norman        | vitrado Kampfrinker | HH   | 1981 | M30 | 4     | M   | 7      | 05:15 | 14   | 03:44    | 14   | 04:41 | 13   | 04:28    | 10   | 04:52 | 10   | 06:30    | 9    | 04:47 | 7    | 07:53    | 8    | 04:43 | 9    | 00:46:53 |
| 8   | 61  | Köhler, Andre         | Hamburg             | HH   | 1980 | M35 | 2     | M   | 8      | 05:13 | 12   | 03:17    | 8    | 05:09 | 17   | 04:56    | 11   | 05:40 | 19   | 06:02    | 7    | 05:41 | 13   | 07:27    | 7    | 05:24 | 12   | 00:48:49 |
| 9   | 60  | Hoffmann, Frank       | Hamburg             | HH   | 1984 | M30 | 5     | M   | 9      | 05:12 | 11   | 03:17    | 8    | 04:57 | 14   | 05:08    | 12   | 05:42 | 20   | 06:00    | 6    | 05:41 | 13   | 07:26    | 6    | 05:28 | 13   | 00:48:51 |
| 10  | 69  | Kähler, Philipp       | Single Malt Runner  | HH   | 1986 | M25 | 3     | M   | 10     | 04:56 | 10   | 03:37    | 13   | 04:26 | 7    | 04:27    | 8    | 04:34 | 7    | 06:58    | 10   | 04:36 | 5    | 11:02    | 12   | 04:41 | 7    | 00:49:17 |
| 11  | 53  | Erleben, Dirk         | Tri Fun Güstrow     | HH   | 1979 | M35 | 3     | M   | 11     | 06:15 | 24   | 03:29    | 12   | 03:54 | 1    | 05:18    | 13   | 04:28 | 6    | 09:45    | 12   | 05:20 | 12   | 12:19    | 15   | 05:32 | 14   | 00:56:20 |
| 12  | 57  | Hetkamp, Simon        | vitrado Kampfrinker | HH   | 1989 | M25 | 4     | M   | 12     | 05:14 | 13   | 03:26    | 11   | 05:12 | 18   | 04:27    | 8    | 05:26 | 16   | 09:51    | 13   | 06:23 | 21   | 11:15    | 13   | 05:45 | 16   | 00:56:59 |
| 13  | 55  | Martens, Florian      | Werder Bremen       | HH   | 1986 | M25 | 5     | M   | 13     | 05:17 | 16   | 04:46    | 20   | 04:57 | 14   | 06:28    | 17   | 04:38 | 8    | 12:03    | 17   | 05:54 | 16   | 10:16    | 10   | 04:27 | 5    | 00:58:46 |
| 14  | 77  | Scheinert, Dominik    | Barsbüttel          | SH   | 1995 | M20 | 1     | M   | 14     | 05:32 | 18   | 02:56    | 3    | 05:06 | 16   | 06:13    | 16   | 05:37 | 18   | 11:36    | 15   | 05:49 | 15   | 10:42    | 11   | 05:38 | 15   | 00:59:09 |
| 15  | 80  | John, Beate           | Single Malt Runner  | HH   | 1986 | W25 | 1     | W   | 1      | 05:39 | 23   | 04:15    | 19   | 05:35 | 21   | 05:21    | 14   | 05:42 | 20   | 08:35    | 11   | 05:55 | 17   | 14:23    | 18   | 06:14 | 19   | 01:01:39 |
| 16  | 67  | Bauß, Florian         | Single Malt Runner  | HH   | 1979 | M35 | 4     | M   | 15     | 04:55 | 9    | 03:46    | 15   | 04:38 | 12   | 06:37    | 18   | 05:12 | 13   | 16:39    | 20   | 05:09 | 10   | 12:29    | 16   | 04:29 | 6    | 01:03:54 |
| 17  | 58  | Schulz, Liane         | Bikini Bottom       | HH   | 1986 | W25 | 2     | W   | 2      | 05:35 | 21   | 06:44    | 22   | 04:31 | 10   | 10:40    | 22   | 04:39 | 9    | 13:56    | 19   | 04:49 | 8    | 15:02    | 19   | 06:26 | 21   | 01:12:22 |
| 18  | 54  | Gallenschuetz, Niklas | Runfleet Hamburg    | BW   | 1987 | M25 | 6     | M   | 16     | 04:35 | 7    | 04:11    | 18   | 04:27 | 8    | 07:56    | 20   | 05:03 | 11   | 18:20    | 21   | 05:14 | 11   | 23:45    | 22   | 04:59 | 10   | 01:18:30 |
| 19  | 75  | Friedrich, Matthias   | Run Fleet Hamburg   | HH   | 1988 | M25 | 7     | M   | 17     | 04:34 | 6    | 04:04    | 16   | 04:34 | 11   | 07:56    | 20   | 05:03 | 11   | 20:50    | 22   | 04:40 | 6    | 21:47    | 21   | 05:03 | 11   | 01:18:31 |
| DSQ | 73  | Uhrig, Marlene        | Run Fleet Hamburg   | HH   | 1984 | W30 | -     | W   | -      | 05:31 | 17   | 03:12    | 7    | 05:31 | 20   | 04:19    | 6    | 06:23 | 23   | 12:47    | 18   | 06:31 | 22   | 12:07    | 14   | 07:36 | 22   | 01:03:57 |
| DSQ | 76  | Amende, Torsten       | Werder Bremen       | HH   | 1983 | M30 | -     | M   | -      | 05:16 | 15   | 04:10    | 17   | 05:35 | 21   | 05:43    | 15   | 05:23 | 15   | 12:01    | 16   | 05:57 | 18   | 15:39    | 20   | 06:05 | 17   | 01:05:49 |
| DSQ | 59  | Schmidt, Michael      | Bikini Bottom       | HH   | 1979 | M35 | -     | M   | -      | 05:34 | 20   | 08:00    | 23   | 05:17 | 19   | 10:50    | 23   | 05:32 | 17   | 11:19    | 14   | 06:45 | 23   | 12:41    | 17   | 06:22 | 20   | 01:12:20 |
| DNF | 68  | Lay, Dominik          | Single Malt Runner  | HH   | 1980 | M35 | -     | M   | -      | 04:22 | 5    | 05:06    | 21   | 04:27 | 8    | 07:15    | 19   | 05:21 | 14   | 22:10    | 23   | 06:16 | 20   | -        | -    | -     | -    | -        |
| DNF | 71  | Korch, Mandy          | Run Fleet Hamburg   | HH   | 1971 | W40 | -     | W   | -      | 05:33 | 19   | 13:00    | 24   | 06:23 | 24   | -        | -    | -     | -    | -        | -    | -     | -    | -        | -    | -     | -    | -        |